



## Teen Challenge Cincinnati Women's Home Love Letter

*For those who have a heart to  
Rescue women from their distress and their children from death*



February 2010

My name is Tina Holt. I'm 29 and the mother of three beautiful children. I thank God everyday that I'm alive. I was not raised in a traditional Christian home so I spent most of my time lost, searching for love. All I ever seemed to find was hopelessness and a sense of lack and never feeling good enough. Turning to drugs was my way of numbing my pain. By the time I was 14, I was wrapped up in an out of control lifestyle of fighting, stealing, partying and immorality. The abusive relationships I witnessed growing up only influenced my violent demeanor and drug use. At 16, I moved out of my mom's house and in with my drug dealing boy friend. At 18, I had my first child and for awhile she was enough. I knew she would always love me. But after a few unsuccessful relationships, I started drinking again. I was full of anger, feeling like no one understood what I was going through. I was a prisoner in my own mind. I spiraled out of control for a long time, waking up in places and not knowing how I even got there. In 2003 I got a DUI. God had his hand on me as I drove on the wrong side of a highway. But even that didn't stop me. There are years in my life that I honestly cannot even remember.



In 2004 Steven came into my life and helped me to come to a place of peace, but even that did not last long. In 2005 I became pregnant with my son and things seemed good for me. During this time Steve was using and we would fight all the time. Even in front of the kids. Unable to properly deal with my emotions, we separated for a time and I thought that would help. Soon after, I became pregnant with our daughter Faith. Steve was still using and after Faith was born it didn't take long before I started using again. Soon I lost my job, my house and everything I had along with it. The hope I had was gone. My kids had to stay with family and I was pretty much living out of my car. I spent my days not caring about anything but getting high. It was the first thing I thought about in the morning and the only thing I worried about. I realized that if I didn't get help, someone else would be raising my kids because I was going to be dead.

After years of addiction, violence, two abortions, numerous car wrecks, and many bad decisions, God provided a way for me to get help. That help came in the form of Teen Challenge Cincinnati. I came to the Women's Home September 14, 2009, homeless, broken with nothing but a garbage full of clothes and hope for something better. I had never gone to church and at first struggled because all I thought I was learning was religion and rules. Instead, thankfully, I found relationship. When I surrendered myself to Christ I realized that my true identity wasn't being a drug addict; I was just spiritually weak. Those things that had been controlling me my entire life are slowly fading away. God *has* made everything new. I can now hold my head up high in the knowledge of who I am in Christ. I have found so much peace, love and freedom here at Teen Challenge. I've learned there is no limit to the love and forgiveness that Christ offers. Believe me, my debt was high and Jesus Christ willingly paid it for me. I've had a rough life, but I wouldn't change any of it, as it makes my victory

*continued on back*

## Teen Challenge Cincinnati Women's Maternity Home Celebrates its 1 Year Anniversary!



Dedication - Dr. Reginald Tsang

To  
Educate  
Equip  
&  
Empower!



Accreditation - with honors!



Whats cookin?



Eastgate Community Church Outreach



A Shelter for the broken hearted



Caroling in Mariemont

In  
God's  
Dignity  
&  
Destiny



To Know the Truth...



...and be Set Free



Leadership class w/ Danise DiStasi



Sara & Carson Mildred

*Tina Holt continued*

that much sweeter. The scars all over my body that used to embarrass me now empower me and are my reminders of what God has brought me through. God delights to demonstrate His greatness in warriors like me who have walked through the fire and have come out victorious. I am and will be forever grateful. Everyday is another chance for me to live the life God has planned for me. "A new heart will I give you and a new spirit will I put within you, and I will take away the stony heart out of your flesh and give you a heart of flesh. I will put my Spirit within you." Ezekiel 36:26

### A note from the Director:

We are thankful and excited to be celebrating the one year 'birthing' of the Women's Home. Just some of the baby steps we are proud of:

- 17 women served (6 pregnant)
- 3 babies born
- 2 couples entered the WMH and Ranch simultaneously
- 1300+ volunteer staff hours
- 0 debt

I am asking you, in honor of our anniversary - "rescuing women in their distress and their children from death;" please consider giving to replenish our Endowment Fund - "Securing their Destiny" which was utilized to pay off our mortgage. Our need is to raise \$208,000. Purposefully consider designating, so this life saving ministry becomes self sustaining! You can donate online or by calling the Ranch at 513-248-0452 x104 if it's more convenient.

*Marty Martin*

### Needs Corner

Contact us at [Mail@TeenChallengeCincinnati.org](mailto:Mail@TeenChallengeCincinnati.org)

Volunteer Drivers - Requires good driving record. Use of TC vehicles.  
Volunteer staff during Saturday evenings 5:30 to 10 pm.  
Gas gift cards to fill the van & Grocery gift cards to stock the kitchen  
We could use two commercial picnic tables (plastic, 8ft, ADA accessible)  
\$725 ea. See [www.barcoproducts.com/walkthru](http://www.barcoproducts.com/walkthru)  
\*\*\* Sponsor a student for a day/week/month- \$30/\$210/\$900 \*\*\*



*Yet I will rejoice in the Lord, I will joy in the God of my salvation... and He will make me to walk upon my high places Habakkuk 3:19*

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513.248-0452

[www.TeenChallengeCincinnati.org](http://www.TeenChallengeCincinnati.org)